



# WOMEN'S WELLNESS IN PUBLIC SAFETY SUMMIT



THURSDAY, NOVEMBER 21, 2024 | 8:30 AM – 4:30 PM

This one-day summit, co-hosted by Anaheim & Fullerton Police Departments, is designed specifically for women working in public safety. Attendees will have the opportunity to speak candidly about a variety of topics not typically discussed in public safety training.

Participants will engage in self-assessments and honest discussions to provide increased awareness, support, and opportunity for growth.

## SUMMIT TOPICS

- Being assertive
- Self-esteem
- Hormones and our body
- Leadership
- Relationships and parenting
- Meditation

## WHO SHOULD ATTEND

Registration is open to sworn and professional staff working in public safety and government agencies including:

- Police/Sheriff's
- Dispatchers
- Prosecutors/Investigators
- Fire Service/EMS/Hazmat
- Chaplains
- Public Safety Medical/  
Psychological Professionals
- Victim Advocates

## LOCATION AND COST

**Fullerton Library Conference Center**  
353 W. Commonwealth Ave.  
Fullerton, CA 92832

**\$195** - Fee includes continental breakfast and afternoon snacks. Attendee registration is first come, first serve. Early registration is highly recommended to reserve your seat. No on-site registration.

## SUMMIT FACILITATOR



### Heather Williams, PsyD.

Consultant, Embassy Consulting Services, LLC  
Owner, Premier First Responder Psychological Services

After spending the last 20 years responding to critical incidents in partnership with law enforcement and 5 years with the Orange County Sheriff's Department as the Regional Peer Support Coordinator, Heather elected to take her passion to another level and in 2019, established Premier First Responder Psychological Services. Heather wants to take wellness to another level by creating classes centered around topics that empower public safety professionals to be their authentic warrior selves.

## REGISTER ONLINE

Scan the  
QR code to register!

or visit  
[EmbassyConsultingServices.com](http://EmbassyConsultingServices.com)



Embassy Consulting Services, LLC is owned and operated by Josef Levy, Commander (Retired) Long Beach Police Department and Lysa Gamboa-Levy. Embassy training seminars are not open to the general public. Embassy reserves the right to restrict or deny enrollment or access to any individual.

\*No refunds, however substitutions will be permitted.

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